

## WHO WE SUPPORT

- Patients undergoing surgery or procedures for perioperative pain management planning.
- Patients discharged from hospital needing opioid stewardship and/or acute pain management at home.
- Patients at risk for chronic pain.
- Providers seeking guidance on acute pain management at home.
- Support for advanced cancer pain management techniques out of hospital.

## LOOKING FORWARD

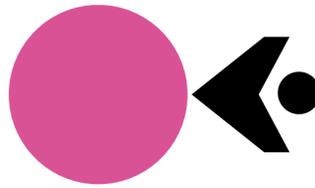
Feel like we could support you and/or your patients?

Let's connect!

[transitionalpain.service@sickkids.ca](mailto:transitionalpain.service@sickkids.ca)

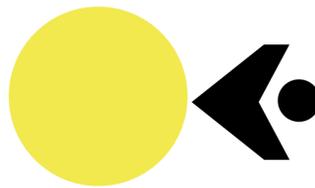
[www.sickkids.ca/en/care-services/clinics/transitional-pain-service/](http://www.sickkids.ca/en/care-services/clinics/transitional-pain-service/)

## PAIN & DISTRESS MANAGEMENT



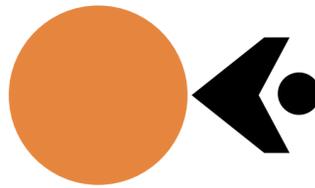
- Develop and execute individualized pain management plans.
- Medication, physical therapy, and psychological therapies.
- Opioid stewardship.

## EDUCATION



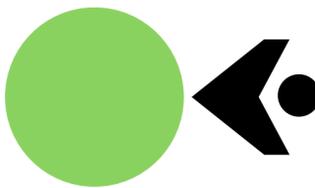
- Information for youth and their caregivers about pain expectations during recovery.
- Pain and distress management strategies at home.
- Safe pain medication management.

## COORDINATION OF CARE



- Ensure communication between healthcare providers, including surgeons, primary care physicians, and pain specialists, to provide comprehensive support.

## MONITORING



- Assess patients' pain levels and general well-being.
- Address needs to improve recovery and function.
- Safe pain medication administration and weaning.

## REFERRAL SOURCES

- Anesthesia/Chronic pain (3%)
- External (1%)
- Pediatrics and other sub-specialties (11%)
- General surgery (8%)
- Orthopedics (77%)

## REFERRALS

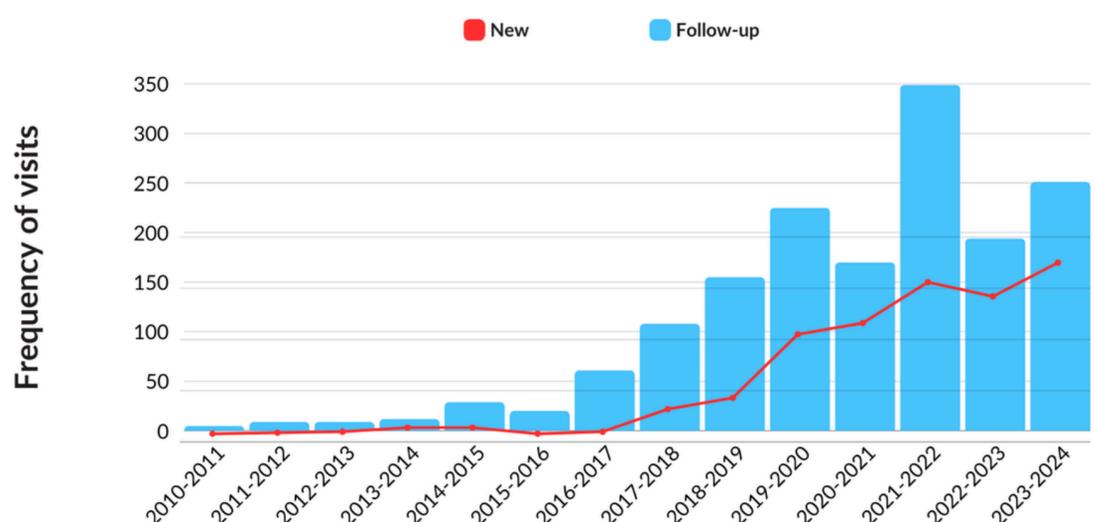
47      257

June - December 2018

January - December 2023

*How we've grown!*

## TRANSITIONAL PAIN VISITS BY FISCAL YEAR



*“My patients are getting to surgery in better shape as they are equipped with more tools to deal with the physical and emotional challenges related to major surgical intervention. Our partnership with TPS improves the culture of safety after discharging our patients home [sooner].”*

-Dr. David Lebel  
Pediatric Orthopedic Surgeon,  
Head of Spine Program