



SickKids®

# REDUCING BARRIERS TO CARE

**CANADIAN HUMAN RIGHTS CODE  
PROTECTS AGAINST DISCRIMINATION BASED ON  
GENDER IDENTITY/EXPRESSION AND SEXUAL ORIENTATION.**

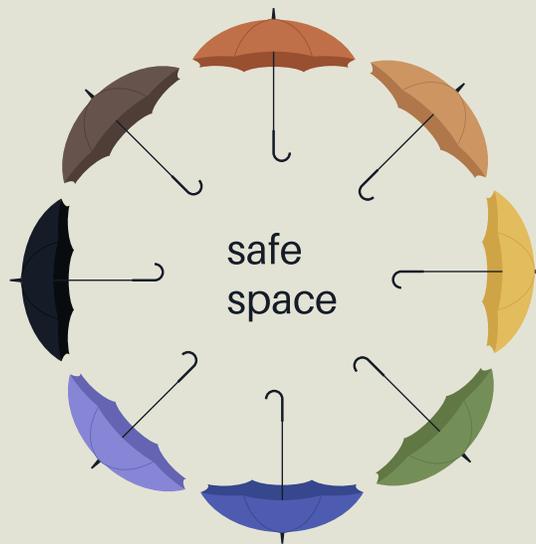
### CREATING A SAFER SPACE INCLUDES

**EDUCATING** yourself and others

**SUPPORTING** individual autonomy and self expression for providers and clients/ community

**CELEBRATING** gender diverse youth in their diversity and value (don't just tolerate them)

**ADVOCATING** for services with other staff, family, schools, social service providers, clubs and sport



# 79%

of trans students who had been victims of physical harassment reported teachers and staff ineffective in addressing transphobia (Peter et al 2021)

# 65%

of trans and non-binary youth report avoiding public spaces for fear of harassment or being outed. (Trans Pulse Canada 2021)

### MANY JURISDICTIONS ASSUME AN "AGE OF MAJORITY" FOR YOUTH TO ACCESS GENDER AFFIRMING CARE

Medical consent ages for youth vary across provinces and territories.

Please refer to your jurisdiction health authority resources to learn more. It is important to know the specifics to your region.



**RECOGNIZE AND CELEBRATE  
2SLGBTQ+ FOLKS EVERY DAY,  
NOT JUST DURING PRIDE MONTH!**

### THINGS TO REMEMBER

- Follow the lead of the trans or gender diverse person themselves
- Manage expectations gently
- Be aware of appropriate channels for feedback in professional settings to address inequity and foster affirming environments